Housing as a Social Determinant of Health

- security, social inclusion and non-discrimination, and employment opportunities.¹

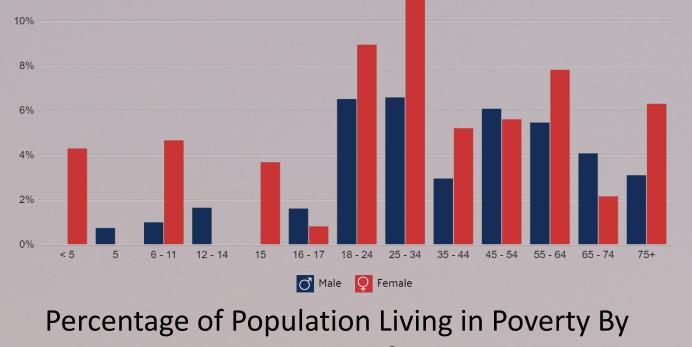
COMMUNITY AND VULNERABLE POPULATION

ASSESSMENT

- Focus Community: Lebanon, OR
- Lebanon is located in the Willamette Valley in northwest Oregon, and has a population approximately 20,000 residents³
- **Vulnerable Population:** Socioeconomically Disadvantaged
- Among those living below the poverty level in Lebanon, the groups most affected are the unhoused, veterans, people living with disabilities, the elderly, people of color, students, and women⁴
- **Priority Population:** Community Members Experiencing Houselessness

Findings

- 18% of households in Lebanon fall below the poverty level⁴
- Living below the poverty level increases the risk of becoming houseless⁵
- 500-675 people experienced houselessness in Linn County in 2020, including 6% of all students in the Lebanon community⁴
- Lebanon is expected to grow by approximately 5,600 people by 2039 (a population growth of over 25%)⁵
- It would require building an estimated 1,600 new housing units to meet the demand at all income levels⁵
- Within Lebanon city limits there are currently no shelters offering around-the-clock availability for unhoused community members
- Warming shelters are available during extreme weather conditions for a limited time⁴



Estimate 2019	Forecast 2039	Proj. Change 20 Years
19,910	25,596	5,686
127,180	150,616	23,436
4,224,122	5,151,616	927,494
	2019 19,910 127,180	2019203919,91025,596127,180150,616

Interpretation

- There is currently a lack of affordable housing available to those experiencing houselessness in Lebanon.
- There is a lack of resources to provide shelter for unhoused community members⁵
- Shelter provides stability that is an integral part of obtaining housing.
- As the population of Lebanon continues to grow, an increased need for scarce housing resource will drive prices even higher, making housing even less accessible
- to unhoused community members⁵

Access to Affordable Housing in Lebanon, OR

Linn Benton Community College, Department of Nursing Grant Farley, Chris Gooch, Mellisa Johnson, Morgan Maynard, Autumn Mitchell, Alexis Patton, Michelle Van De Hey

INTRODUCTION

• Social Determinants of Health: Social Determinants of Health are factors that strongly influence overall health outcomes. These factors include systemic social forces like housing, economic stability, access to education, access to healthcare, food

• Access to Affordable Housing: Community members without stable housing are at greater risk of health complications due to chronic stress, unsanitary conditions, violence, discrimination, and exposure to inclement weather. Those spending a large percentage of their income on rent may struggle to afford healthcare or healthy foods, furthering their health risks.²

Population Growth Projection for 2039⁴

COLLABORATION AND PLANNING

Goals and Potential Interventions

- Increase purchases of buildable land designated for affordable housing
- Encourage smaller single family detached homes
- Promote cottage cluster housing⁵
- Allow tiny homes on wheels as permanent dwellings⁵
- Provide more zoning flexibility
- Ensure affordable housing policies prioritize vulnerable populations

Advocacy

- Conduct outreach to the unhoused community to determine their specific needs and challenges
- Connect unhoused community members with local and state resources
- Research affordable housing options, city requirements, and resources
- Reach out to local Linn County policy makers and Representatives
- Educate friends, family, and community members about Lebanon's housing challenges

Collaboration

- Linn County Mental Health
- Veterans Affairs
- Senior Services
- Habitat for Humanity
- Linn Benton Housing Authority Ο

Limitations

- Long-term: Proposed interventions such as building, land acquisition, and zoning updates require time, creativity, collaboration, and compromise among diverse stakeholders.
- Short-term: While numerous state and local resources exist to support the unhoused community, it is important to ensure that this information is accessible to those in need through outreach and advocacy and that some services are available full-time.



Affordable Housing Units at Applegate Landing

LOCAL AND STATEWIDE RESOURCES

Local Resources

Crossroads Communities

Address: 1875 Stoltz Hill Rd, Lebano Phone: 541-405-4210

Monday-Friday 9:00 am-5:00 pm Services:

 Local affordable housing in Lebano Education classes: how to be a goo tenant

 In the near future: Transitional hou Help with emergent financial barrie prevent homelessness

 Help community stay housed - rent assistance

St Vincent De Paul Lebanon Confer **Financial Assistance**

Address: 100 Main Street, Lebanon, Phone 541-258-5405

Hours: Wednesday 9:00 am-3:00 pn Services:

•Rental Payment Assistance



Community Services Consortium

Address: 250 SW Broadalbin, Albany Phone: 541-704-7638

Hours: Monday-Friday 8:00 am-5:00 Services:

 Veteran Housing – homeless and ri becoming homeless

 Help with paying rent deposit and deposit

•Eviction Notice assistance

•Tenant education classes

1. World Health Organization. (2024). Social determinants of health. World Health Organization. https://www.who.int/healthtopics/social-determinants-of-health

2. Office of Disease Prevention. (n.d.). Neighborhood and built environment. Healthy People 2030. U.S Department of Health and Human Services. https://health.gov/healthypeople/objectives-and-data/browse-objectives/neighborhood-and-builtenvironment

3. Hidalgo, C., Landry, D., & Simons, A. (2021). *Lebanon, or*. Data USA. https://datausa.io/profile/geo/lebanon-or 4. Lebanon City Council & Planning Commission. (2023). Community development. City of Lebanon, Oregon. https://www.ci.lebanon.or.us/sites/default/files/02-22-2023_cc_pc_packet.pdf 5. City of Lebanon. (2023). Housing production strategy. City of Lebanon, Oregon. https://www.oregon.gov/lcd/Housing/Documents/2023_Lebanon_HPS.pdf

	Center Against Rape and Domestic		
on, OR			
	Address: 2280 SW 3rd St, Corvallis, OR		
	Phone: 541-738-8319		
	Hours: Monday-Friday 9:00 am-5:00 pm		
on N	Services:		
bd	•24-Hr Crisis & Support Line: 541-754-0100		
icipa	•Support groups		
using	•Crisis Response		
ers to	 Financial resources for rent 		
tal	Linn Benton Housing Authority		
	Address: 1250 SE Queen Ave, Albany, OR		
	Hours: Monday–Thursday 8:00 am-5:00 pm		
rence	<u>Services</u> :		
	 Section 8 Applications (Tenants pay 30% of 		
, OR	monthly income for rent and utilities)		
	 VASH – HUD-Veterans Affairs Supportive 		
n	Housing (includes case management)		
	 NED – Non-Elderly Disabled Vouchers 		
	 Affordable Housing Programs 		
	 Emergency Voucher - unhoused single 		
	parents can get an immediate housing		
	voucher amount based on their needs and		
	the number of children they have		
	Statewide Resources		
	211 – Partnership with United Way		
	Phone: 211		
y, OR	Services: Information to		
	help identify and navigate		
0 pm	local resources The easiest way to find health and human services.		
	•Transitional housing		
isk of	•Temporary Shelters Free. Live. Confidential.		
	•Rent Payment Assistance		
utility	•Domestic Violence Shelters		
	 Homelessness Coordination 		
	 Maternal Housing and Shelter 		
	•Low-income Rental resources		

REFERENCES

Age and Sex, Lebanon, OR³